

April 2017

Cleveland Middle School

LUNCH

Students Full Price \$2.50 **C:** Comfort Classic
 Students Reduced \$0.40 **S:** Second Choice
 Teachers \$3.00 **D:** Deli Option
 Adult Visitors \$3.50 **V:** Hot Vegetable



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

C: Chicken Nuggets, Roll **3**
S: Hamburger
D: Chef Salad
D: PBJ
V: Mashed Potatoes
 Rosy Applesauce

Tuesday

C: Fish Sticks, cornbread **4**
S: Chicken Sandwich
D: Chef Salad
D: Chic/Bacon/Ranch Wrap
V: Baked Beans
 Pears

Wednesday

C: Meatball Sub **5**
S: Corn Dog
D: Chef Salad
D: Deli Sub
 Green Beans
 Peaches

Thursday

C: Tater Tot Casserole , Breadstick **6**
S: Grilled Chicken Sandwich
D: Chef Salad
D: Turkey & Cheese Sandwich
 Broccoli, Cheese Sauce
 Pineapple Tidbits

Friday

C: Pizza **7**
S: Chicken Fajita
D: Chef Salad
D: PBJ
V: Whole Kernel Corn
 Mixed Fruit

C: BBQ Chicken, Roll **10**
S: Hamburger
D: Chef Salad
D: PBJ
V: Potato Wedges
 Rosy Applesauce

C: Crispy Beef Tacos **11**
S: Chicken Sandwich
D: Chef Salad
D: Chic/Bacon/Ranch Wrap
V: Refried Beans
 Pears

C: Spaghetti & Meatballs **12**
S: Corn Dog
D: Chef Salad
D: Deli Sub
 Green Beans
 Peaches

C: Baked Potato **13**
S: Grilled Chicken Sandwich
D: Chef Salad
D: Turkey & Cheese Sandwich
 Broccoli, Cheese Sauce
 Pineapple Tidbits

14

C: Chicken Quesadilla **17**
S: Hamburger
D: Chef Salad
D: PBJ
V: Refried Beans
 Rosy Applesauce

C: Beef Veg Soup, Cornbread **18**
S: Chicken Sandwich
D: Chef Salad
D: Chic/Bacon/Ranch Wrap
V: Tater Tots
 Pears

C: Italian Chicken, Breadsticks **19**
S: Corn Dog
D: Chef Salad
D: Deli Sub
 Green Beans
 Peaches

C: Cheeseburger Mac **20**
S: Grill Chic Sandwich
D: Chef Salad
D: Turkey & Cheese Sandwich
V: Broccoli
 Pineapple Tidbits

C: Pizza **21**
S: Chicken Fajita
D: Chef Salad
D: PBJ
V: Whole Kernel Corn
 Mixed Fruit

C: Tangerine Chicken , Rice **24**
S: Hamburger
D: Chef Salad
D: PBJ
V: Broccoli
 Rosy Applesauce

C: BBQ Pulled Pork Sandwich **25**
S: Chicken Sandwich
D: Chef Salad
D: Chic/Bacon/Ranch Wrap
V: Baked Beans
 Pears

C: Chicken And Noodles **26**
S: Corn Dog
D: Chef Salad
D: Ham & Cheese Deli
V: Green Beans
 Peaches

C: Beef Fingers, Roll **27**
S: Grilled Chic. Sandwich
D: Chef Salad
D: Turkey & Cheese Sandwich
V: Mashed Potatoes
 Pineapple Tidbits

C: Pizza **28**
S: Burrito
D: Chef Salad
D: PBJ
V: Whole Kernel Corn
 Mixed Fruit



Offered Daily; Assorted Fruits & Vegetables, Romaine Salad
 Choice of Milk



This Institution Is An
 Equal Opportunity
 Provider And
 Employer

