

May 2017

Cleveland Middle School

BREAKFAST

Students Full Price \$1.50 Reduced \$0.30
Teacher \$1.75
Adult Visitor \$2.25



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Breakfast Burrito
Or
Cereal

1

Tuesday

Eng. Muffin Breakfast
Sandwich
(egg, ham, cheese)

2

Wednesday

Biscuit & Gravy
Hash Brown
Or
Cereal

3

Thursday

French Toast Sticks
Or
Cereal

4

Friday

Cheese Omelet
Or
Cereal

5

Breakfast Pizza
Or
Cereal

8

Sausage
Biscuit
Or
Cereal

9

Pancake & Sausage Stick
Or
Cereal

10

Yogurt
Muffin
Or
Cereal

11

No School

12

15

16

17

18

19

22

*Offered Daily: Milk, Juice, Fruit and Toast
Fruit Smoothies*

23

**This Institution Is
Equal Opportunity
Provider And
Employer**

24

25

26

29

30

31

