

Students Full Price	\$2.50	C: Comfort Classic
Students Reduced	\$0.40	S: Second Choice
Teachers	\$3.00	D: Deli Option
Adult Visitors	\$3.50	V: Hot Vegetable



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Tuesday

Wednesday

Thursday

Friday

C: Chicken Nuggets, Roll **1**
S: Hamburger
D: Chef Salad
D: PBJ
V: Mashed Potatoes
 Rosy Applesauce

C: BBQ Chicken Sandwich **2**
S: Hot Ham & Cheese Sandwich
D: Chef Salad
D: Chic/Bacon/Ranch Wrap
V: Baked Beans
 Pears

C: Meatball Sub **3**
S: Chicken Sandwich
D: Chef Salad
D: Turkey/Ham & Cheese Sub
V: Green Beans
 Peaches

C: Baked Potato Bar **4**
S: Mini Corn Dog
D: Chef Salad
D: Deli Sub
 Broccoli
 Pineapple

C: Chicken Quesadilla **5**
S: Burrito
D: Chef Salad
D: PBJ
V: Corn
 Mixed Fruit

C: Beef Fingers **8**
S: Hamburger
 Mashed Potatoes
D: Chef Salad
D: PB&J
 Rosy Applesauce

C: Chicken Fried Steak **9**
S: Italian Chicken Sandwich
D: Chef Salad
D: Chic/Bacon/Ranch Wrap
V: Green Beans
 Pears

C: Pizza **10**
V: Whole Kernel Corn
 Mixed Fruit

C: Ham & Cheese Sandwich **11**
V: Carrots & Celery
 Sidekick

12

15

16

**This Institution Is
 Equal Opportunity
 Provider And
 Employer** **17**

18

19

22

23

24

24

26

29

**Offered Daily; Assorted Fruits &
 Vegetables, Romaine Salad
 Choice of Milk** **30**

31

