



School Information:
LABOR DAY SEPTEMBER 4



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Offered Daily: Milk, Fruit Juice, Fruit and Toast

This Institution Is An Equal Opportunity Provider And Employer

Rice Krispies
Wheat Toast
Banana
1% Milk

1

No School

4

Strawberry Spooners
Wheat Toast
Raisins
1% Milk

5

Pancake & Sausage Stick
Apple Juice
1% Milk

6

Rice Krispies
Wheat Toast
Banana
1% Milk

7

Cheese Omelet
Wheat Toast
Orange Juice
1% Milk

8

Breakfast Pizza
Grape Juice
1% Milk

11

Strawberry Spooners
Wheat Toast
Raisins
1% Milk

12

Biscuit & Gravy
Hash Brown
Apple Juice
1% Milk

13

Rice Krispies
Wheat Toast
Banana
1% Milk

14

Breakfast Burrito
Grape Juice
1% Milk

15

Strawberry Spooners
Wheat Toast
Raisins
1% Milk

18

Biscuit Sausage
Sandwich
Apple Juice
1% Milk

19

Rice Krispies
Wheat Toast
Banana
1% Milk

20

Cheese Omelet
Wheat Toast
Orange Juice
1% Milk

21

Strawberry Spooners
Wheat Toast
Raisins
1% Milk

22

Rice Krispies
Wheat Toast
Banana
1% Milk

25

Biscuit Breakfast
Sandwich
(egg , ham, cheese)
Apple Juice
1% Milk

26

Strawberry Spooners
Wheat Toast
Raisins
1% Milk

27

French Toast Sticks
Orange juice
1% Milk

28

Rice Krispies
Wheat Toast
Banana
1% Milk

29