

September 2017

CLEVELAND HIGH SCHOOL

BREAKFAST



Students Full Price \$1.50
 Students Reduced \$0.30
 Teachers \$1.75



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Offered Daily: Milk, Fruit Juice, Fruit and Toast Fruit Smoothies

This Institution Is An Equal Opportunity Provider And Employer

Sausage & Biscuit
Or
Cereal

1

No School

4

Sausage Croissant
Or
Cereal

5

Pancake & Sausage Stick
Or
Cereal

6

Biscuit & Gravy
Hash Brown
Or
Cereal

7

Scrambled Eggs
Or
Cereal

8

Breakfast Burrito
Or
Cereal

11

Ham & Egg Croissant
Or
Cereal

12

Biscuit & Gravy
Hash Brown
Or
Cereal

13

French Toast Sticks
Or
Cereal

14

Sausage & Biscuit
Or
Cereal

15

Breakfast Pizza
Or
Cereal

18

Sausage Croissant
Or
Cereal

19

Pancake & Sausage Stick
Or
Cereal

20

Biscuit & Gravy
Hash Brown
Or
Cereal

21

Scrambled Eggs
Or
Cereal

22

Breakfast Burrito
Or
Cereal

25

Ham & Egg Croissant
Or
Cereal

26

Biscuit & Gravy
Hash Brown
Or
Cereal

27

French Toast Sticks
Or
Cereal

28

Sausage & Biscuit
Or
Cereal

29