

# September 2017

## Cleveland Intermediate School

### BREAKFAST



Students Full Price \$1.25  
 Students Reduced \$0.30  
 Teachers \$1.75



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



*Offered Daily: Milk, Fruit Juice, Fruit and Toast*

**This Institution Is An Equal Opportunity Provider And Employer**



Cheese Omelet  
Or  
Cereal

1

No School

4

Sausage Biscuit  
Or  
Cereal

5

Pancake & Sausage Stick  
Or  
Cereal

6

Yogurt Muffin  
Or  
Cereal

7

Scrambled Eggs  
Or  
Cereal

8

Breakfast Burrito  
Or  
Cereal

11

Eng. Muffin Breakfast Sandwich  
(egg, ham, cheese)

12

Biscuit & Gravy Hash Brown  
Or  
Cereal

13

French Toast Sticks  
Or  
Cereal

14

Cheese Omelet  
Or  
Cereal

15

Breakfast Pizza  
Or  
Cereal

18

Sausage Biscuit  
Or  
Cereal

19

Pancake & Sausage Stick  
Or  
Cereal

20

Yogurt Muffin  
Or  
Cereal

21

Scrambled Eggs  
Or  
Cereal

22

Breakfast Burrito  
Or  
Cereal

25

Eng. Muffin Breakfast Sandwich  
(egg, ham, cheese)

26

Biscuit & Gravy Hash Brown  
Or  
Cereal

27

French Toast Sticks  
Or  
Cereal

28

Cheese Omelet  
Or  
Cereal

29