

# September 2017

## CLEVELAND PRIMARY SCHOOL

### BREAKFAST



Students Full Price \$1.25  
 Students Reduced \$0.30  
 Teachers \$1.75



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



*Offered Daily: Milk, Fruit  
 Juice, Fruit and Toast*

**This Institution Is An  
 Equal Opportunity  
 Provider And  
 Employer**



Cheese Omelet  
 Or  
 Cereal

1

No School

4

Sausage  
 Biscuit  
 Or  
 Cereal

5

Pancake & Sausage Stick  
 Or  
 Cereal

6

Yogurt  
 Muffin  
 Or  
 Cereal

7

Scrambled Eggs  
 Or  
 Cereal

8

Breakfast Burrito  
 Or  
 Cereal

11

Eng. Muffin Breakfast  
 Sandwich  
 ( egg , ham, cheese

12

Biscuit & Gravy  
 Hash Brown  
 Or  
 Cereal

13

French Toast Sticks  
 Or  
 Cereal

14

Cheese Omelet  
 Or  
 Cereal

15

Breakfast Pizza  
 Or  
 Cereal

18

Sausage  
 Biscuit  
 Or  
 Cereal

19

Pancake & Sausage Stick  
 Or  
 Cereal

20

Yogurt  
 Muffin  
 Or  
 Cereal

21

Scrambled Eggs  
 Or  
 Cereal

22

Breakfast Burrito  
 Or  
 Cereal

25

Eng. Muffin Breakfast  
 Sandwich  
 ( egg , ham, cheese

26

Biscuit & Gravy  
 Hash Brown  
 Or  
 Cereal

27

French Toast Sticks  
 Or  
 Cereal

28

Cheese Omelet  
 Or  
 Cereal

29