

September 2017

CLEVELAND HIGH SCHOOL

LUNCH

Students Full Price \$2.50 **C:** Comfort Classic
 Students Reduced \$0.40 **S:** Second Choice
 Teachers \$3.00 **D:** Deli Option
 Adult Visitors \$3.50 **V:** Hot Vegetable



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



This Institution Is An Equal Opportunity Provider And Employer

Offered Daily; Assorted Fruits & Vegetables, Romaine Salad Choice of Milk

1
 C: PIZZA
 S: BURRITO
 D: CHEF SALAD
 D: PB&J
 V: CORN
 F: MIXED FRUIT

NO SCHOOL

4

5
 C: LITTLE SMOKIES
 S: MAC & CHEESE
 S: BAR-B-Q CHICKEN
 D: CHEF SALAD
 D: CHICKEN TORTILLA WRAP
 V: BAKED BEANS
 F: PEARS

6
 C: MEATBALL SUB
 S: PHILLY BEEF
 D: CHEF SALAD
 D: CHICKEN SALAD SANDWICH
 V: POTATO WEDGES
 F: PEACHES

7
 C: INDIAN TACO
 S: BAKED POTATO W/FIXINS
 D: CHEF SALAD
 D: HAWAIIAN WRAP
 V: BROCCOLI W/ CHEESE
 F: PINEAPPLE

8
 C: CHICKEN QUESADILLA
 S: FRITO CHILI PIE
 D: CHEF SALAD
 D: PB&J
 V: CORN
 F: MIXED FRUIT

11
 C: CHICKEN NUGGETS
 S: HAM & CHEESE W/FRIES
 D: CHEF SALAD
 D: PB&J
 V: MASHED POTATOES
 F: ROSY APPLESAUCE

12
 C: FISH STICKS
 S: CHICKEN SANDWICH
 D: CHEF SALAD
 D: CHICKEN TORTILLA WRAP
 V: BAKED BEANS
 F: PEARS

13
 C: BEEF NACHO
 S: CHICKEN FAJITA
 D: CHEF SALAD
 D: CHICKEN SALAD SANDWICH
 V: REFRIED BEANS
 F: PEACHES

14
 C: HAM ROAST W/ SWT FF
 S: PASTA BAR
 D: CHEF SALAD
 D: DELI SUB
 V: BROCCOLI W/ CHEESE
 F: PINEAPPLE

15
 C: PIZZA
 S: BURRITO
 D: CHEF SALAD
 D: PB&J
 V: CORN
 F: MIXED FRUIT

18
 C: ENCHILADAS
 S: CHEESEBURGER/FRIES
 D: CHEF SALAD
 V: REFRIED BEANS
 F: ROSY APPLESAUCE

19
 C: MINI CORNDOGS
 S: BBQ CHICKEN SANDWICH
 D: CHEF SALAD
 D: CHICKEN TORTILLA WRAP
 V: BAKED BEANS
 F: PEARS

20
 C: CHICKEN & NOODLES
 S: PHILLY BEEF/ WEDGES
 D: CHEF SALAD
 D: CHICKEN SALAD SANDWICH
 V: GREEN BEANS
 F: PEACHES

21
 C: SLOPPY JOE
 S: BAKED POTATO W/FIXINS
 D: CHEF SALAD
 D: HAWAIIAN WRAP
 V: BROCCOLI W/ CHEESE
 F: PINEAPPLE

22
 C: CHICKEN QUESADILLA
 S: FRITO CHILI PIE
 D: CHEF SALAD
 D: PB&J
 V: CORN
 F: MIXED FRUIT

25
 C: TERIYAKI CHICKEN
 S: HAM & CHEESE/WEDGES
 D: CHEF SALAD
 D: PB&J
 V: CARROTS
 F: ROSY APPLESAUCE

26
 C: BBQ ROASTED CHICKEN
 S: CHICKEN SANDWICH
 D: CHEF SALAD
 D: CHICKEN TORTILLA WRAP
 V: BAKED BEANS
 F: PEARS

27
 C: CHICKEN FAJITA
 S: CHEESEBURGER
 D: CHEF SALAD
 D: CHICKEN SALAD SANDWICH
 V: GREEN BEANS
 F: PEACHES

28
 C: BEEF FINGERS
 S: PASTA BAR
 D: CHEF SALAD
 D: DELI SUB
 V: BROCCOLI W/ CHEESE
 V: MASHED POTATOES
 F: PINEAPPLE

29
 C: PIZZA
 S: BURRITO
 D: CHEF SALAD
 D: PB&J
 V: CORN
 F: MIXED FRUIT