

# September 2017

## CLEVELAND INTERMEDIATE SCHOOL

### LUNCH

Students Full Price	\$2.25
Students Reduced	\$0.40
Teachers	\$3.00
Adult Visitors	\$3.50



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**Offered Daily; Assorted Fruits & Vegetables, Romaine Salad  
Choice of Milk**

PIZZA  
BURRITO  
CORN  
MIXED FRUIT

1

**This Institution Is  
Equal Opportunity  
Provider And  
Employer**

4

LITTLE SMOKIES  
MAC & CHEESE  
CHICKEN SANDWICH  
BAKED BEANS  
PEARS

5

MEATBALL SUB  
CORN DOG  
GREEN BEANS  
PEACHES

6

TATOR TOT CASSEROLE  
BREADSTICK  
GRILLED CHICKEN SANDWICH  
BROCCOLI W/ CHEESE  
PINEAPPLE

7

PIZZA  
CHICKEN FAJITA  
CORN  
MIXED FRUIT

8

CHICKEN NUGGETS  
HAMBURGER  
MASHED POTATOES W/ GRAVY  
ROSY APPLESAUCE

11

FISH STICKS  
CORNBREAD  
CHICKEN SANDWICH  
BAKED BEANS  
ROSY APPLESAUCE

12

ITALIAN CHICKEN  
CORN DOG  
GREEN BEANS  
PEACHES

13

BAKED POTATO W/CHILI  
GRILLED CHICKEN SANDWICH  
BROCCOLI W/ CHEESE  
PINEAPPLE

14

PIZZA  
HOT HAM & CHEESE  
CORN  
MIXED FRUIT

15

CHICKEN QUESADILLA  
HAMBURGER  
CARROTS  
ROSY APPLESAUCE

18

BEEF TACO  
COR  
CHICKEN SANDWICH  
REFRIED BEANS  
PEARS

19

CHICKEN & NOODLES  
HOT ROLL  
CORN DOG  
GREEN BEANS  
PEACHES

20

CHEESEBURGER  
GRILLED CHICKEN SANDWICH  
POTATO PUFFS  
PINEAPPLE

21

PIZZA  
BURRITO  
CORN  
MIXED FRUIT

22

TERIYAKI CHICKEN  
HAMBURGER  
BROCCOLI  
ROSY APPLESAUCE

25

RIB-B-Q SANDWICH  
CHICKEN SANDWICH  
BAKED BEANS  
PEARS

26

SPAGHETTI & MEATBALLS  
CORN DOG  
GREEN BEANS  
PEACHES

27

BEEF FINGERS  
HOT ROLL  
GRILLED CHICKEN SANDWICH  
MASHED POTATOES W/ GRAVY  
PINEAPPLE

28

PIZZA  
CHICKEN FAJITA  
CORN  
MIXED FRUIT

29